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www.bfhd.wa.gov

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FOR IMMEDIATE RELEASE

## **INDOOR FITNESS & TRAINING ALLOWED IN BENTON AND FRANKLIN COUNTIES**

*Must follow Phase 2 Guidelines*

Governor Jay Inslee announced today that indoor fitness and training activities are now allowed in Benton and Franklin Counties in accordance with [Phase 2 guidelines](#). The change is effective immediately and applies to gyms, fitness studios, yoga studios, dance, and martial arts, among others. Occupancy is limited to ensure proper physical distancing, and masks are required.

Occupancy is limited to 300 square feet per person in facilities under 12,000 square feet. In facilities over 12,000 square feet, occupancy may not exceed 25 percent of the fire code occupancy rating.

Outdoor youth team sports and outdoor adult recreational team sports are not included. Other indoor competitive sporting activities, such as professional, amateur, or organized team sports and outdoor group fitness classes should follow the guidance for [Professional Sports and Other Sporting Activities](#).

BFHD urges residents to continue to exercise caution when engaging in all activities, including maintaining six feet of physical distance with non-household members, wearing face coverings in public, avoiding gatherings with more than a few people, and washing or sanitizing hands frequently.

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Benton-Franklin Health  
District Website  
www.bfhd.wa.gov

Washington Department  
of Health  
www.doh.wa.gov

Centers for Disease  
Control  
www.cdc.gov

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