

Food Access and Security Coalition 09.18.23

Agenda

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Meeting Type:	Standard
Facilitator:	Honor Crawford
Recorder:	Honor Crawford
Pre-meeting materials:	August Meeting Recording
	FASC Webpage

I. Welcome and Introduction

• Introduction of coalition members in attendance and icebreaker

II. Old Business

- Gratitude!
- Documentation: Recordings, agendas, minutes
- Member Spotlight: Sign up here!
- Toxic algae update

III. New Business

- WA Food Policy Council
- Establishment of subcommittees
- Identification of community resources
 - K.E.R.N.E.L: Kids Eating Right Nutrition and Exercise for Life
 - Opportunity Kitchen: Food Service Training Class

IV. Member Spotlight OR Topic Spotlight

• September: Healthy Aging, National Childhood Obesity Awareness

V. Updates on Current Activities

- Food as Medicine: Diana Henning, Kadlec Produce Rx Program
- Food Access and Equity: FResCo presentation on hold until next month

VI. Action Planning/Future Collaborative Efforts

- Nutrition Education/Cooking Classes:
 - Second Harvest, Kadlec Healthplex, Mid-Colombia Libraries
 - SNAP-Ed, WSU
- Nutrition in Schools: CATCH
- Reducing Food Waste
- Food Access, Equity, System Policy Review, and Advocacy
- Food Security Assessment

VII. Partnership Building

- Identification of potential partners and stakeholders not present: Send Honor referrals to add to the distribution list.
- Discussion of strategies for engaging partners and building effective partnerships.

VIII. Open Floor

- Organization round-table updates.
- Opportunity for attendees to bring up any other topics or issues they would like to discuss that were not previously covered on the agenda.

IX. Action Items and Next Steps

- Summary of the outcomes of the meeting
- Determination of next steps and action items
- Assignment of responsibilities and deadlines

X. Adjournment

• Next meeting is October 16, 2023

Other Information

Guests:

N/A

Resources:

- 1. Second Harvest Kitchen
- 2. <u>Resources for Understanding the Food System in Washington</u>
- 3. <u>Spokane Food Policy Council</u>

Upcoming Dates:

• Next meeting is October 16, 2023

Informational:

Food as Medicine:

- Impact of Produce Prescriptions on Diet, Food Security, and Cardiometabolic Health Outcomes: A Multisite Evaluation of 9 Produce Prescription Programs in the United States
- <u>National Academies: Dietary Patterns to Prevent and Manage Diet-Related Disease Across the Lifespan: A</u> <u>Workshop</u>

Food Equity:

- <u>Article: Living in Food Deserts Is Associated with Shorter Life Expectancy in the US</u>
- Blog: New Survey Highlights the Role of Health Care Providers in Food Insecurity Screening and Intervening

Childhood Obesity:

Moving Food and Beverage Policies Toward Equity

Sign-On Documents and Opportunities for Input

Legislative Updates