

Meeting Agenda Safe and Healthy Aging Coalition

Date: February 26, 2024

Meeting Time: 3:00-4:00pm

Next meeting: March 25, 2024

The mission of the Safe and Healthy Aging Coalition is to connect and convene sectors and professionals that provide the support, services, and infrastructure to promote equitable opportunities for health and wellbeing for the aging residents of Benton and Franklin Counties.

Member Introductions

- Name/Agency
- Ice breaker: Please share something you enjoy about springtime.

Charter

No changes at this time

Age-Friendly Public Health Systems Monthly Update

 TFAH's February AFPHS recording focused on Equity: https://www.youtube.com/watch?v=ry8WZ6JXKgI

Presenter or Member Spotlight

• Shelley Little - Overdose Prevention

Open Discussion: Coalition Suggestions for 2024

What topics and group efforts would we like to focus on in 2024?

Information

- DOH wall bar grant opportunities: contact Stephanie Kunold for details and to apply to receive the grab bars Stephanie.Kunold@doh.wa.gov
- Feel free to share with others: <u>Reduce Hospital Readmission and Improve Recovery Benton Franklin</u> Health District (wa.gov)

Education, Events, Training Opportunities and Member Updates:

Agency/Group/Event:	Update:
Pasco Fire Department	Otago Classes at adult family homes to reduce falls Wall bars for Pasco residents (fall risk)
People for People 2-1-1	211 is the connection for general information including traumatic brain injury Call 211 or text 211WAOD to 898211
	For information regarding Earned Income Tax Credit: eitc awareness day 2 Earned Income Tax Credit (irs.gov)
Mobility Advisory Taskforce	BFT fare structure and Dial A Ride price survey link: Fare Study Ben Franklin Transit (bft.org)
Kadlec Community Health	Upcoming events/workshops: Kadlec Community Health/Neurological Resource Ctr Events Eventbrite
Kadlec	Enhance Fitness Exercise Course for Seniors call 509-942-2990 and ask for Kathy Piper
SE WA ALTC	Aging and Disability Resource Center for Benton & Franklin Counties 509-735-0315 3311 W Clearwater Ave Kennewick
DOH	Older Adults Fall Prevention and wall bar grants information contact: stephanie.kunold@doh.wa.gov
Benton Franklin Community Action Committee: Weatherization and Health	For assistance contact: Benton Franklin Community Action Committee: Helping People, Changing Lives, One Person at a Time (bfcac.org) 509-545-4042
Benton-Franklin Health District: Community Health Improvement Plan updates	Questions or updates please contact KellyL@bfhd.wa.gov or Kelly.Harnish@bfhd.wa.gov
DSHS Mobile Outreach	Contact Stephanie Edmondson 509-564-4769 <u>Stephanie.edmondson2@dshs.wa.gov</u>
Alzheimer's Association	24/7 Helpline: 1-800-272-3900 Research: Alzheimer's & Dementia Research Alzheimer's Association Clinical Trial: TrialMatch - Free Clinical Trial Matching Service alz.org

Notes and Announcements

- Contact Shelley Little <u>shelleyl@bfhd.wa.gov</u> with questions or to receive more information regarding today's overdose prevention presentation
- Joyce Newsom shared information regarding reduced fares for Ben Franklin Transit to go into effect on July 1, 2024 and Dial A Ride prices will stay the same as the current rate <u>Fare Study | Ben Franklin Transit (bft.org)</u>
- Jami Lewis shared that the Senior Times Spring Expo will take place at the Southridge Sports & Events Complex on April 16, 2024, for more information email Tiffany tiffany@tcjournal.biz or Chad chad@tcjournal.biz
- Diana Henning shared upcoming events and educational opportunities pertaining to Healthy Ages and Kadlec Community Health <u>Kadlec Community Health Events - 17 Upcoming</u> Activities and Tickets | Eventbrite
 - Witness to Addiction will be held in person at the Richland Public Library May 15
 6:30-8:00
 - Mall Walkers celebration and presentation will take place on March 6 at Columbia Center Mall
 - o CUP Church March 27, 1:00-2:00 in person wellness program